

# BALMAIN LITTLE ATHLETICS CENTRE ZONE RESULTS SPECIAL EDITION

What a wonderful weekend for the Balmain Little Athletics Club at the Inner City Zone Championships.

Both days saw a continuous stream of smiling faces, brilliant efforts and great performances.

Although athletics is based on individual effort, we came together as a team with constant cheering and support for not only our athletes but those from other clubs too. This exceptional team spirit was evident when we won the March Past. And how couldn't we with banners, flags, pom poms, "teeny tiger" hats, painted faces and the loudest voices in the arena.

The U7's handled themselves like consummate professionals in their first Zone Carnival, winning 6 medals over the weekend and showing a strong future for the Club.

In the U8 – U17's 122 of our 183 athletes have automatically qualified for the Region by finishing in the top 6 in their event(s). Indicative of the strength of the Balmain team is the fact that 26 of those athletes automatically qualified for 4 or more events. 23 more of our athletes have qualified for spots at Region as "the next best four" in their events. And to cap it off, Angus Beer and Ross Batho set new Zone records in the U12B 800m and U12B Javelin respectively.

In the points-based Club competition, Randwick Botany continued a now 42 year winning streak...but I'm delighted to announce that Balmain ran them a very close 2nd this year and I remain confident that we can and will beat them for the title in the coming seasons.

Zone is planned and organised entirely by volunteers, and I would like to recognise the BLAC committee for their hard work before,

during and after the event, as well as all parents who helped to run the Long Jump pits across the 2 days. In particular I would like to thank Andrew Kohlrusch, who as the Zone Co-ordinator put the whole weekend together. Also special thanks to our Championships Team of Tim Batho, Peter Rand & Richard Chen who took entries, allocated events, formulated rosters, sent numerous emails and acted as Team Managers for Zone.

Roll on Region – I can't wait!

David

## Results Summary

### U7 Medals – 2Gold, 2Silver, 2Bronze

Tane Dolan (1G, 1S & 1B), Brooke Constantinidis (1G, 1B) & Nicholas Callanan (1S).

### UNDER 8- UNDER 17

145 out of 183 athletes qualified for the Region round at Sylvania Waters Feb 15 & 16.

### Champion Club Runner Up

### Zone March Past Winners

### 2 New Zone Records

U12B 800m Angus Beer; U12B Javelin Ross Batho

# REGION QUALIFIERS

The following is a list of qualifiers compiled by David and Tim from information provided by LANSW. Please check the official listings on the LANSW website for official confirmation of your qualification (just in case of human error in transcribing any of the results for our 145 qualifiers!). LANSW have notified us this evening (Friday 31 Jan) that the listings have been taken down from their site temporarily but will be reposted early next week.

Name	Event 1	Event 2	Event 3	Event 4	Event 5	Event 6	Name	Event 1	Event 2	Event 3	Event 4	Event 5	Event 6
Nella Ananijev	Discus						Jacob Hogan	60m H	HJ				
Mia Azzi	60mH	LJ	100m	70m			Alexander Howdin	Discus					
Zara Claire Azzi	100m	TJ	60mH	LJ			Ela Huber	700mW					
Harry Banks	700mPS						Chelsey Johnson	1500m	Discus				
Bianca Basile	HJ	TJ	Discus				Maddison Jones	200m					
Matthew Basile	Javelin	HJ					Sienna Jones	60mH	100m	200m			
Carys Batho	Shot Put	Javelin	Discus	1500mW	100m	LJ	Jamie Karabesinis	TJ	200mH	LJ	80mH	200m	100m
Ross Batho	Javelin	Shot Put	Discus	200m			Jessica Karabesinis	Discus	SP				
Angus Beer	1500m	TJ	400m	800m			Jackson Kaufman	HJ	Javelin				
Callum Beer	SP	Discus					Alexandra Kerr	1500m	400m	800m			
Mischa Belunek	100m	60mH	70m				Theo Kidd	HJ	60mH	1100mW			
Ava Boeckenhauer	70m	200m					Charlie King	LJ	Discus				
Lara Bosnich	LJ	TJ	100m	400m	800m	200m	Maris Kitchenside-Quinn	HJ					
Matthew Brewster	400m	800m	LJ				Oliver Kleppich	Discus					
Mia Bridle	1500m	200mH	400m				Maddy Kohlrusch	Discus	Shot Put	Javelin			
Ethan Brouw	1500m	400m	800m	TJ			Nicky Kohlrusch	TJ	Javelin	HJ	LJ		
Zac Burkitt	Shot Put						Alessandro Lacalandra	100m					
Maisie Burns	800m	700mW					Clementine Landels	200mH	LJ	90mH	200m		
Robyn Burns	1500m						Rebecca Laycock	1500m	Javelin				
Freya Bushby	1500m						Xavier Lee	100m	TJ	60mH	LJ		
Samantha Callanan	Discus	HJ	Shot Put	LJ			Aislinn Lenehan	Javelin	Shot Put				
Bryn David Chapman	Shot Put	LJ	HJ	TJ	100m	200m	Claudia Lenehan	Shot Put	HJ	100m			
Olivia Cermak	SP	Javelin	1500m W				Tamara Lenthall	Shot Put	HJ	400m	200m		
Joshua Chen	LJ	100m	70m	200m			Zoe Lincoln	HJ	400m	60mH			
Samuel Chen	LJ	100m	70m	200m			Chloe Lombardi	Discus	Shot Put				
Marnie Clarkson	HJ	200mH	Discus	Shot Put	Javelin	100m	Henrique Loureiro	400m	200m				
Elysia Cook	Javelin	1500mW	800m				Helena Macarthur	Discus	LJ				
Jasmine Cook	1100mW						Lara Madgwick	1500m					
Lachlan Cooksey	400m	Discus					Matthew Madgwick	1500m	HJ				
Beth Crawford	400m	800m	1100mW	HJ			Isabella Mardini	1500m	800m				
Lucy Crawford	200m	400m					Benjamin McGettigan	Javelin	Discus	Shot Put			
Bridget Crick	TJ	LJ					Tara McManus	HJ					
Emma Cruzado	1500m						Caitlin McManus-Barrett	Discus	Javelin	1500mW	Shot Put		
Benjamin D'Agostino	60mH	LJ	SP				Angela Meneguzzo	LJ	Discus	80mH	TJ		
Alessia Dal Pane	LJ	60mH	70m	100m			Arlo Merewether	Shot Put	400m	200m			
Andreas Damouras	HJ						Kai Mirabito	TJ					
Emily Danson	TJ	LJ	Shot Put	100m	200m		Noah Mirabito	1100mW					
John Danson	Javelin	100m	200m	400m	3000m		Jackson Mitchell-Lane	60mH	400m				
Finn Dolan	1100mW						Ellen Murphy	Discus	100m	200m			
Annabel Dougan	Shot Put						Samuel Murphy	1100mW	Discus				
Sara Dougan	LJ	100m	80mH	200m			Lucas Newman	LJ	HJ	Shot Put			
Owen Douglas	60mH	1100mW	70m				Solomon Nivison-Smith	TJ	1500m	HJ			
Susie Douglas	200mH	80mH					Gracie O'Connor	700mW					
Frankie Foster	400m						Abigail Teni Omage	100m	70m	200m	LJ		
Alessia Gangemi	TJ	Discus	80mH				Abraham Tomi Omage	LJ	HJ	Shot Put			
Jackson George	700mPS	70m					Nicholas Oshea	LJ	HJ	200m	100m		
Angus Gobran	LJ	60mH	700mPS	200m			Jake Owens	LJ	Discus	TJ	Javelin	100m	
Sophie Gobran	HJ	1500mW					Georgia Ann Page	200mH	LJ	90mH			
Aidan Gow	100m	Shot Put					Billie Palmer	Discus	Shot Put				
James Granger	Discus						Marcello Paul	800m					
William Guthrie	Shot Put	Discus	1100mW	TJ			Owen Peck	1500m	800m				
Luke Haddad	LJ						Simon Peyrachon	800m	Discus				
Cooper Hall	60m H	Discus					Frances Potter	TJ	1500m	Javelin	LJ	1500mW	
Lauren Hall	Javelin	TJ	SP	Discus			Stephanie Potter	60mH	TJ	200m			
Monty Hannaford	LJ	400m	100m				Bronte Prentice	Discus	Shot Put	700mW			
Tilly Hannan	Shot Put						Lochlan Prentice	Shot Put	Discus				
Mackenzie Hasselberg	SP	Discus					Ada Rand	400m	800m				
James Hill	200mH	TJ	100mH	LJ			Paddy Reynolds	LJ	Javelin	100m	200m		

# REGION QUALIFIERS

Name	Event 1	Event 2	Event 3	Event 4	Event 5	Event 6
Holly Roberts	1500mW	1500m				
Toby Robertson	1500m					
Isaac Sharwood	100m	200m				
Dexter Simington	200m					
Pascale Simington	Shot Put					
James Smith	1500m	800m				
William Smith	1500m	800m				
Dominique Stevens	400m	700mPS				
Madeline Stevens	400m	700mPS				
Katie Sutherland	Shot Put	Discus				
Laura Sutherland	1500m	Shot Put				
Bertie Swann	200mH	400m	90mH			
Eliza Swann	100m					
Matilda Swann	100m	200m				
Ella Tanner-Black	60mH	400m				
Lilie Tyler	HJ	TJ	LJ	Discus		
Presley Vella	HJ					
Thomas Virgona	400m	800m	100m	200m		
Nona Walne	LJ	60mH	70m	200m		
Hugo Warne	1500m					
Oscar Warne	1500mW					
Rueben Warner Van Dijk	LJ					
Joshua Watson	TJ	60mH	LJ			
Oliver White	100m	200m				
Bruno Williams	1500m	400m	200m	800m		
Ethan Willis	LJ	1500m	TJ	100m	3000m	800m
Jordan Willis	HJ	400m				
Nicholas Woodgate	TJ	Discus	HJ	1500mW		
Ruby Woodgate	HJ					

## REGION TRAINING

Additional training will be available for the next two Sundays (2 & 9 Feb) 8:30 - 10:00 am for all athletes that have qualified for the Regional Championships. All events are available other than High Jump. Please email [info@balmainlac.org.au](mailto:info@balmainlac.org.au) to confirm attendance and nominate the two events that you would like to do each week.



Anyone planning not to take up their spot at Region should please notify Tim Batho as soon as possible so that the Zone can offer the spot to the next placed athlete.  
0438595134 or [timbatho@hotmail.com](mailto:timbatho@hotmail.com)

JANUARY 2014

Check out Facebook for More Pics!

# MARCH PAST CHAMPIONS



Yes, that is Bryn Chapman captured mid somersault!

JANUARY 2014

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More Pics!

# SPRINT KINGS AND QUEENS



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# FUN AND FRIENDSHIP



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# MIDDLE DISTANCE MAESTROS



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# THROWERS AND PUTTERS

